

# Five Acres High School - PE Kit

**Outdoor Lessons:** - needed by all students in Key Stage 3 and 4; boys and girls.

- Black and Red Rugby Shirt – available from School supplier\*
- Plain Black Shorts
- Plain Black Long Football/Rugby Socks
- Shin Pads (compulsory for Hockey and Football lessons)
- Studded/Bladed Football Boots for use on the grass (Not astro-turf trainers)
- Trainers suitable for sporting activities that can be laced up tightly (not plimsolls or daps)
- Towels – optional if students wish to shower during the winter term after rugby/football

**Indoor Lessons:** - needed by all students in Key Stage 3 and 4; boys and girls.

- Red and Black Polo Shirt\* – available from the School supplier\*
- Plain Black Shorts (as above)
- Plain Black Long Football/Rugby Socks

**During inclement weather:**

- Plain Black Tracksuit Bottoms - worn at the teacher's discretion although students should still bring their plain black shorts in case the lesson is transferred indoors (three quarter lengths and leggings are not allowed).
- Base layer clothing may be worn underneath the Lakers PE kit providing it is in the school colours of either black or red.

[\\*www.pbparentsonline.co.uk](http://www.pbparentsonline.co.uk)

## **Students who are unable to take a fully active role:**

Students who are injured or ill, but are able to come into school, should bring a note explaining their injury or illness and state the expected duration of the injury/illness. They will also need to bring their **normal PE kit** plus a tracksuit, because where possible they will be given another practical role to fulfil (coach, official, leader, photographer etc.) and this will involve them going with their normal class. In the past these students have stayed in their uniform and gone out and got wet for example and this can impact on the rest of their days learning. Students who are unable to change due to a cast or sling are advised to bring a coat or change of footwear as a minimum precaution.

***Students who have a prolonged period of absence (more than 2 weeks) will need a doctor's note. If medical intervention has occurred the school also requires a note (from home), to say that a student can recommence participation.***

# Five Acres High School Equipment List

All students are expected to carry their everyday equipment (PE kit, pencil case, books, etc) in a bag of suitable size. Handbags and boot bags are not suitable for everyday use.

Every student is expected to bring with him/her the following basic items of equipment for every lesson, every day:

Equipment list:

- 30cm ruler
- Pencil
- Pen (black or blue)
- Eraser
- Sharper
- 360 protractor
- Compass
- **Casio Fx-83Gt** Scientific calculator — can be purchased from Finance Office or many other suppliers (Tesco £9.99 / Amazon £8.84 etc.)

All kept in a clear pencil case for easy inspection

Tippex/liquid paper is not permitted in school and must not be used in any school work.

Text books and specialised equipment will be issued on loan to students and students will be required to pay for any loss or damage to school property.